

APRIL 2016

STAFF

Carie Dick—Director
Bev Hinkle—Assistant Director
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VAN DRIVERS

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ARNOLD F. HABIG COMMUNITY CENTER

OLDER AMERICANS

1301 St. Charles Street, Jasper, IN 47546

Phone: 812-482-4455

Web Site: www.jasperindiana.gov

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Pay Me	2
3 Center Open 1-4	4 9:00 Exercise Class 9:45 Exercise Class 12:30 Golf	5 7:30 Sign Up Phantom of the Opera 10:00 Tender Loving Crafts 11:15 Blood Pressure Checks 12:00 BINGO	6 9:00-10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Tripoley	7 9:00 Exercise Class 9:45 Exercise Class 12:30 Cinch Tourney 3:00 RSVP Lunch Bunch	8 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Hand & Foot	9
10 Center Open 1-4	11 9:00 Exercise Class 9:45 Exercise Class 12:30 Phase-10	12 7:30 Sign Up Amish Trip 10:00 Tender Loving Crafts 11:00 Lunch Bunch 12:30 Scrabble 12:30 Dominoes	13 9:00-10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Hearts	14 9:00 Exercise Class 9:45 Exercise Class 12:30 Rum Tourney 12:30 Book Club	15 8:30 Mah Jongg 10:00 Singing Seniors at Good Samaritan 12:30 Golf 3:00 RSVP Boomerama	16
17 Center Open 1-4	18 9:00 Exercise Class 9:45 Exercise Class 12:00 Boomerama 12:30 Pay Me	19 10:00 Tender Loving Crafts 11:15 Blood Pressure Checks 12:00 BINGO 3:00 RSVP Catered Meal	20 9:00-10:30 Free Computer Assistance Owensboro Trip Cancelled 12:30 Mah Jongg 12:30 Phase-10	21 9:00 Exercise Class 9:45 Exercise Class 12:30 Sheephead Tourney 12:30 Hand & Foot	22 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Tripoley	23
24 Center Open 1-4	25 9:00 Exercise Class 9:45 Exercise Class 12:30 Texas Holdem	26 10:00 Tender Loving Crafts 12:00 Catered Meal 12:30 Scrabble 12:30 Hearts	27 9:00-10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Dominoes	28 9:00 Exercise Class 9:45 Exercise Class 12:30 Euchre Tourney	29 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Phase-10 3:00 Money Due Phantom of the Opera	30

APRIL HOMEBOUND 2016

THANK YOU FOR YOUR DONATION. PLEASE ASK THE DELIVERER FOR DONATION ENVELOPES WHEN YOU RUN OUT.

Dubois, Daviess, Martin, Pike, GENERATIONS NUTRITION, Menu subject to change without notice. Meals served with milk and margarine. Phone number for meals (812)367-2990

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Pasta Casserole Green Beans Hot Apples Graham Crackers Wheat Roll	2
3	4 Ham & Beans Cornbread Mixed Greens Oatmeal Pie	5 Parmesan Chicken Yam Patties Winter Blend Vegetables Grape Juice Wheat Bread	6 Salisbury Steak/Gravy Mashed Potatoes Green Beans Pudding Wheat Bread	7 Chicken & Dumplings Brussel Sprouts Carrots Raisins Wheat Bread	8 Grilled Cheese Soup Peaches Crackers Cookie	9
10	11 Hot Dog Baked Beans Steamed Cabbage Pineapple Bun	12 Smokey Riblets Corn Broccoli Granola Bar Wheat Bread	13 Chicken/Gravy Mashed Potatoes Green Beans Cranberry Juice Wheat Bread	14 Teriyaki Chicken Sliced Potatoes Butter Beans Pears Wheat Bread	15 Chicken Salad Peaches Shredded Lettuce Potato Chips Wheat Bread	16
17	18 Country Fried St/ Gravy Mashed Potatoes Vegetable Blend Mandarin Oranges Wheat Bread	19 Hamburger/Cheese Potatoes Green Beans Mixed Fruit Bun	20 Chilli Hot Applesauce Crackers PBJ Sandwich	21 Beef Stew Corn Biscuits Fruit	22 Breaded Cod Mixed Vegetables Diced Potatoes Grandma's Cookies Bun	23
24	25 BBQ Chicken Winter Blend Cheese Potatoes Grape Juice Wheat Bread	26 Meatloaf Mashed Potatoes Corn Cookie Wheat Bread	27 Sloppy Joe Diced Potatoes Peas Pineapple Juice Bun	28 Pork BBQ Baked Beans German Potato Salad Mandarin Oranges Bun	29 Chicken & Rice Broccoli Hot Spiced Pears Wheat Bread	30

**AVAILABLE DAILY
AT THE CENTER**

- **WALKING:** In climate-controlled banquet room, twenty-five (25) laps equals a mile. Monday - Friday from 8 a.m. until 3:45p.m.



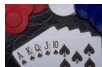
- **OUTSIDE WALKING TRAIL:** Each lap equals 1/3 Mile. If you want to brave the spring weather it is a good path for exercise



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** Card tables available for your use on a daily basis.



- **BILLIARDS/POOL :** Pool tables are available Monday, Tuesday, Thursday & Friday from 8 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



**RAINBOW MESSENGER
APRIL, 2016**

- **COMPUTER LAB:** The computer lab is available for your personal use daily. Ryan is here to assist you every Wednesday from 9-10:30 a.m. to answer your questions regarding computers. We also have wireless internet if you have questions about your laptop, Kindle or Ipad.



REGULAR SCHEDULED ACTIVITIES

- **TLC CLASS (Tender Loving Crafts)** Betty Hoffman craft coordinator and the other crafters would love for you to join the T.L.C. craft class that meets every **Tuesday morning from 10 to 12.** Come in and see the well equipped arts & crafts room. The small studio fee is \$3.00 per session and class participants may purchase project supplies at 50% off cost. Class is fun and educational and a super way to meet new friends.



April 5 - Spring Wreath
April 12 - Floral Rock Art
April 19 - Ceramic Angels
April 26 - "Catch Up"

- **SINGING SENIORS:** Meet Friday mornings at 10 a.m. at The Habig Center. They will be singing at Good Samaritan on Friday, April 15th at 10:00 am



- **BINGO:** Will be played at **12 p.m.** on **Tuesdays, April 5 and April 19.** We ask you to keep bills to \$5's and under as we pay out 100% and do not have change. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. *****You may want to bring a sweater or jacket, it sometimes gets cool.**

B	I	N	G	O
7	25	44	57	62
15	22	40	50	70
11	30	FREE	46	74
2	28	37	55	68
10	27	39	59	75

- **BLOOD PRESSURE CHECKS:** Will be available in the Banquet Room starting at **11:15 a.m. on Tuesdays, April 5 and April 19.**



- **EXERCISE CLASS:** Every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!

- **EXERCISE CLASS** For more of a challenge, come in at **9:45 a.m. on Monday and Thursday mornings** for a group exercise. It is a great way to get your heart pumping. A staff member is with the group and will help guide you as you go at your own pace.



CARD TOURNEYS



- **Thursday, April 7th**
Cinch Tourney
- **Thursday, April 14th**
Rum Tourney
- **Thursday, April 21st**
Sheephead Tourney
- **Thursday, April 28th**
Euchre Tourney

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and paid back to the 1st, 2nd & 3rd place. **Please sign-up by 10:00 a.m.** the morning of the Tourney you are playing in.

- **TEXAS HOLD'EM**: Will be played **Monday, April 25th at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner receives the cash prize. **Reservations are due by 10 a.m. the morning you play.**
- **DOMINOES**: The Mexican Train version will be played at **12:30 p.m. on Tuesday, April 12th and Wednesday, April 27th.** It is a fun game that is easy to learn. Everyone is welcome! **Please call in by 10 a.m. if you are coming in to play.**
- **PAY-ME**: A game similar to Rum but played with 3 decks of cards, including the jokers will be played at **12:30 p.m. Friday, April 1st and Monday, April 18th.** **Please call in by 10 a.m. if you are coming in to play.**

RAINBOW MESSENGER

- **TRIOLEY**: Bring your pennies to play Tripoley at **12:30 p.m. on Wednesday, April 6th and Friday, April 22nd.** We have a lot of fun! **Please call in by 10 a.m. if you are coming to play.**



- **SCRABBLE**: How about a little challenge? Come in to play Scrabble at **12:30 p.m. on Tuesdays, April 12th and April 26th.** **Please call in by 10 a.m. if you are coming to play.**
- **PHASE-10**: Will be played **Monday, April 11th, Wednesday, April 20th, and Friday, April 29th at 12:30 p.m.** It is a fun easy card game, **Please call in by 10:00 a.m. if you are coming to play.**
- **HEARTS**: We will play at **12:30 p.m. on Wednesday, April 13th and Tuesday, April 26th.** This game is easy to learn and very enjoyable. **Please call in by 10:00 a.m. if you are coming to play.**
- **GOLF**: The card game will be played **Monday, April 4th and Friday, April 15th at 12:30 p.m.** Four to six players can play before adding another deck. Low score wins the game. If you've played it before come in and join the fun, if this is your first time I'm sure you'll enjoy playing. **Please call in by 10:00 a.m. if you are coming to play.**

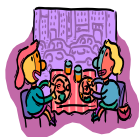
- **HAND AND FOOT**: A 2 handed, game of Hand and Foot Canasta. It's played individually with 1 deck per person plus 1 extra deck and all jokers. Join us **Friday, April 8th and Thursday, April 21st at 12:30 p.m.** **Please call in by 10:00 a.m. if you are coming to play.**
- **PUZZLES**: We have one on the table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.
- **MAH JONGG**: Originated in China and is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on **Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m.** **If you can play on Wednesday, please call in by 10 a.m. to let us know.** New players welcome.

RAINBOW MESSENGER

SPECIAL ACTIVITIES

ALL TRIPS AND ALL ACTIVITIES ARE ONLY FOR DUBOIS COUNTY RESIDENTS 55 YEARS AND OLDER. WHEN SIGNING UP FOR TRIPS, ONLY 4 INDIVIDUALS PER SIGN UP.

- **LUNCH BUNCH:** Join us at China's Best on Tuesday, April 12th at 11:00 a.m. They have a lunch buffet for \$7.22 that includes your drink. As always the meal is "dutch treat". Reservations are due by 3:00 p.m. Thursday, April 7th. Come enjoy good food and visit with friends.



CATERED MEAL: Join us for The Mill House, Tuesday, April 26th at 12:00. The menu will be: Pecan Chicken, Red Mashed Potatoes, Green Beans, Tossed Salad with choice of 2 dressings and unsweetened Iced Tea. Cost of the meal will be \$8.75 payable at the meal. Reservations are due to the Center by 3:00 p.m. Tuesday, April 19th.

BOOMERAMA: Will be held Monday, April 18th at 12:00. The speaker will be Carla Winner Striegel. She is the DC Solid Waste District Director. Come hear her interesting topics. There is a \$5.00 charge to cover the cost of the optional lunch. Reservations are due by 3:00 p.m. on Friday, April 15th.

- **BOOK CLUB:** On Thursday, April 14th at 12:30 p.m. We will be discussing "The Man on the Washing Machine" by Susan Cox. The May book will be "Rough Lawyer" by John Grisham. According to the book reviews, criminal lawyer, Sebastian Rudd takes cases no one else will. He believes everyone deserves a fair trial, so how far will he go to prove his client is innocent? With a customized bulletproof van for an office, it should make for a great read! Come in and give us your opinion of the book. New members are always welcome. (Meet in the library at the Center)



- **BIRTHDAY & ANNIVERSARY:**

We will no longer be publishing birthday and anniversaries in the newsletter. If you would like your birthday and/or anniversary to appear on the bulletin board at the Center, please let the staff know the month and day. Thank you!!

- **BOOK SHELF:** The books have been moved downstairs to The Habig Room. Thanks to the generosity of so many, we have a great selection of books for you to borrow.



- **SUNDAYS:** The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

- Free beginner and intermediate bridge lessons. Call Cindy Kluemper at (812)482-3299 or Mary Ann Seng at (812)482-1101



Tax Filing Assistance Available

The Habig Center from 9 a.m. to 3 p.m.
Thursday, April 7th . To schedule an
appointment: Call 812-482-4455

**DEA National Pharmaceutical Drug Take
Back Day in Dubois County on Saturday,
April 30, 2016. Free Disposal of Expired,
Unused, and Unwanted Pharmaceuticals.
NO SHARPS. For Private Citizens Only.
Please no For Profit Businesses or Health
Facilities. The collection sites are as
follows:**

Jasper State Police Post
District 34, 2209 Newton St
10:00 a.m. to 2:00 p.m.

Huntingburg Police Station
214 E 17th St.—Temporary Drop Site
24/7 Disposal

Birdseye Fire Station
9 W 1st St
10:00 a.m. to 12:00 p.m.

Haysville Fire Station
195 W State Rd 56
10:00 a.m. to 12:00 p.m.

Please take this opportunity to discard all
unused or outdated medications. They
will be disposed of in a safe environmen-
tally friendly way at no cost to you.

TRIPS

****There is a \$25.00 charge for all
returned checks****

**OWENSBORO, KY
Wednesday, April 20th
Due to lack of interest this trip has
been cancelled.**

**DAVIESS COUNTY AMISH TOUR
Wednesday, May 18th**

We will be taking a tour of the Daviess
County Amish area on Wednesday, May 18th
leaving the Jasper Armory at 9:00 a.m. We
will be stopping at an Amish bakery, country
store and collar shop to name a few. Plus we
will have a traditional meal in one of the
Amish homes. Cost of the day will be \$51.00
for the guided tour, meal and transportation.
Sign-ups start by phone at 7:30 a.m. on
Tuesday, April 12th. Money will be due by
3:00 p.m. on Monday, May 2nd.

**PHANTOM OF THE OPERA
Louisville, KY
Thursday, June 2nd**

Mark your calendar for Thursday, June 2nd
to see the matinee performance of Phantom
of the Opera at Kentucky Center for the Arts
in Louisville KY. We will leave the Armory
at 10:00 a.m. and go directly to the show.
After the play we will stop for a meal on the
way home. Everyone is responsible for

paying for their own meal. Cost of the trip will be
\$77.50 plus meal. Sign-ups will start by phone at
7:30 a.m. on Tuesday, April 5th. Money will be
due by 3:00 p.m., Friday, April 29th. **Please note**
these tickets are non-refundable. Once we con-
firm the number we are taking, no refunds will be
issued.



Recipe Exchange

SPICY SALTINES

Ingredients:

- 1 1/2 c. Vegetable Oil
- 1 pkg Dry Hidden Valley Ranch Dressing
Mix
- 2 T Red Pepper Flakes
- 2 T Weber Roasted Garlic and Herb
Seasoning
- 1 (1 lb) Box Saltine Crackers

Directions: Mix dry ingredients in 1 gallon
Ziploc bag and add oil. Add crackers. Gen-
tly roll bag to coat crackers. Pour onto cook-
ie sheet with lip. (save on clean up and line
sheet with foil)

Bake at 200 degrees for 10 minutes.

Submitted by Carol Breitweiser

**Have a good recipe to share? We would be
happy to publish it.**

HUNTINGBURG SENIOR CENTER APRIL 2016

Call the Center at 683-2994 to make reservations for the Card Tournaments held at 12:30 p.m. on **Mondays**. You will enjoy the day!!



There will be Bingo all 4 Wednesdays, in April



There are over 400 books on hand for your reading pleasure including: love, inspirational and suspenseful books plus books by authors: Zane Grey, John Grisham, James Patterson, Mary Higgins Clark, Sidney Sheldon, Danielle Steel, Fern Michaels and others



The Huntingburg Senior Center now has games and activities available for those who don't play cards.

Battleship	Boggle	Skip-Bo
Chinese Checkers	Dominoes	Uno
Mastermind	Monopoly	Sorry
Rummikub	Left, Right, Center	
Yahtzee	Puzzle books	
Sudoku	Left, Right	
Deer in the Headlights - A card & dice game.		
Several have learned to play this and really enjoy it.		
Boggle - A word game using scrambled letters and a timer.		
Electronic dart board & a mini 9-hole golf to practice your putting skills.		

****We have games scheduled for most days but you are free to do what ever interests you. You do not have to play the game of the day.****

Puzzle: We have one started, come in and help put it together!



CARRY-IN LUNCH


Thursday, April 14. Enjoy a delicious lunch with friends followed by cards & games if you choose to stay. Please bring a favorite dish to share. Bring a friend!



Memorial Gym is open for walking. Hours are Monday—Friday 5:00 a.m. to 1:30 p.m. and Saturday, 7:00 a.m. to 11:00 a.m.



**** Get your Blood Pressure Checked****
Wednesday, April 13th from 12:30 - 1:00 p.m.

 **Join THE SENIOR FUN GROUP every Tuesday and Friday at 1:00 at Breakway Lanes, 104 E 13th Street, Huntingburg. Bowl 3 games for \$7.35 plus cost of shoes. Free coffee and popcorn.**



APRIL BIRTHDAYS

Esther Englert	April 3
Anna Mae Benning	April 5
Carolyn Winkler	April 5
Jim Reuber	April 9
Tome Terry	April 15
Rosie Persohn	April 16
Ruth Buechler	April 22
Elaine Reuber	April 24

TAXES:



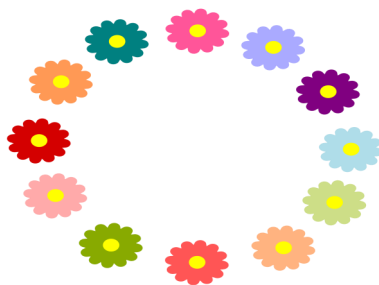
Taxes will be done on Tuesdays, 1:00 to 7:30 at the Senior Center.

You will need:

Drivers License or picture ID
All wage and earnings statements (W2, 1099, etc.)
Unemployment statements
Social Security benefits statements
Last year's state and federal tax returns
Landlord name and address and total amount rent paid
Proof of real estate taxes paid
Also, this year, you will need a 1095—Health Care Ins.

Call (812)630-1361 or (812)683-2994 to make an appointment

APRIL 2016



HUNTINGBURG SENIOR CENTER
309 N Geiger St
Huntingburg IN 47542
812-683-2994
Rita: 812-309-9576

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 1:00 Bowling	2
3	4 12:30 Cinch Tourney Sponsor: Brookside	5 1:00 Bowling	6 1:00 BINGO Sponsor: HLS 2:00 Cards & Games	7 10:00 Crafts w/Michelle 1:00 Cards & Games	8 1:00 Bowling	9
10	11 12:30 Euchre Tourney	12 1:00 Bowling	13 12:30-1:00 Blood Pressure Checks 1:00 BINGO Sponsor: The Timbers 2:00 Cards & Games	14 12:00 Carry-In Lunch Sponsor: St Charles 1:00 Cards & Games	15 1:00 Bowling	16
17	18 12:30 Cinch Tourney Sponsor: Northwood	19 1:00 Bowling	20 1:00 BINGO Sponsor: Scenic Hills 2:00 Cards & Games	21 10:00 Crafts w/Michelle 1:00 Cards & Games	22 1:00 Bowling	23
24	25 12:30 Euchre Tourney Sponsor: Willowdale	26 1:00 Bowling	27 1:00 BINGO Sponsor: The Waters 2:00 Cards & Games	28 1:00 Cards & Games	29 1:00 Bowling	30